

Autumn recharge for your best self:

QC New York unveils "Wonder Month" events for October + November Complimentary offerings include face yoga with views of Manhattan, a photography masterclass, and pampering from Italian luxury barber Barberino's

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QC New York, the Italian spa on Governors Island, is set to transform October and November into a time of blissful rejuvenation with *Wonder Month programming*. The series of complimentary offerings invites guests to sculpt and snatch with face yoga overlooking Lower Manhattan, a photography masterclass for those looking to up their selfie game, and pampering from Italian luxury barber, Barberino's.

"This month-long celebration invites New Yorkers to kickstart their autumn and rediscover their best selves as the season changes," said Simona Sbarbaro, Chief Marketing Officer of QC Spa of Wonders. "We've curated experiences to help people refuel, restore, and reconnect. Best of all, guests can wander and unwind at the spa for hours before or after each event, discovering the Italian art of 'dolce far niente' - the sweetness of doing nothing."

Offering a unique escape with just a five-minute ferry ride from Manhattan, the "Spa of Wonders" lives up to its tagline with more than 20 wellness experiences spread across the 89,000-square-foot urban oasis. Guests can float in steamy outdoor pools, indulge in hydromassage beneath Vichy showers, or melt stress away in saunas and infrared beds. More than a dozen themed relaxation rooms offer unique sensory journeys, from soothing fireplaces to aromatherapy havens.

Highlights of Wonder Month include:

Barberino's Corner

October 16 & November 6, 11 a.m. - 8 p.m.

Indulge in the Italian art of looking good and feeling good at Barberino's Corner. Pamper yourself with a 30-minute treatment – choose from an Italian beard shave, beard reshaping, or a face treatment with a moisturizing mask.

Capture the Wonder

October 30 at 5:15 p.m. & November 12 at 4 p.m.

Renowned photographer Riccardo Piazza leads an immersive workshop on capturing the magic of New York Harbor and QC New York on a professional camera. Learn to frame the perfect shot - whether or not you're in it! - as the golden hour bathes the city in ethereal light.

Face Yoga Glow

October 23 at 12 p.m. & November 14 at 11 a.m.

Discover the secrets of ageless beauty with face yoga expert Krysten Victoria Gibbs. This 50-minute session teaches techniques to tone facial muscles, improve circulation, and achieve a natural, radiant glow.



Each Wonder Month event has a limited number of spaces and is expected to sell out quickly. Guests can register for the events when purchasing their spa pass. Escape Entrance for a 5-hour stay at QC NY starts at \$124, and Sunset Entrance from 5 p.m. to 10 p.m. starts at \$98. Passes include access to pools, relaxation areas, saunas, steam rooms, bathrobes, sandals, towels, complimentary showers, and body and skincare products. Massages, food, and beverages are available separately for purchase. Admission pricing can be found here, and guests can book directly here.

About QC New York

QC New York is part of the renowned QC Spa of Wonders. This new destination day spa is located on Governors Island and is the only location outside of Europe. With abundant amenities and outdoor pools, it is the perfect getaway where guests can truly relax, revive, and restore. National Geographic named it *Best Wellness Experience in its 2024 Best of the World Awards* and *New York Magazine* ranked it as one the Best Day Spas in *its Best of New York 2024*.

QC Spa of Wonders was established in the 1990s in Italy by two brothers, Saverio and Andrea Quadrio Curzio - thus, the name "QC." Ultimately, it was their vision and roots in construction that enabled them to expertly innovate and develop the global brand, which offers 11 incredible destinations throughout Europe that over 1.5 million visitors from around the world come to experience each year. Locations include Bormio Bagni Vecchi, Bormio Bagni Nuovi, Pré Saint Didier, Milano, Torino, Garda, Monte Bianco, San Pellegrino, Roma, Dolomiti, and Chamonix.

Much of QC Spa of Wonders is influenced by and rooted in history and culture. Ancient Roman baths were places of wellness, pleasure, gathering, and relaxation. There, the thermal waters would offer physical wellness and spiritual rejuvenation. Their spas have upheld these traditions and philosophies, with unique nods to the local history throughout each of their locations in Italy and France. On average, European patrons spend 8 hours at the spas - a true testament to the spa's ability to allow people to slow down, and get lost in the experience.

QC New York marks the first QC Spa of Wonders location to open in the United States,

With more in the works. The day spa is situated across three historic Army Barrack buildings on the Island, which have been refurbished and preserved to maintain the rich history of the local property while bringing it new life.